

JANUARY 2021



We are practicing contactless delivery. For our safety and yours. Please leave an esky or cooler bag out by your front door

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|--|------------------------|---|-------------------------------------|-------------------------|----------------------------------|---------------------------------|------------------------|---------------------------------|------------------------|
| Wk 1 | | | | | | | | 1st | |
| Food-A-Roma is CLOSED from the 24th December 2020 until the 4th of January 2021 | | | | | | | | CLOSED FOR HOLIDAY BREAK | |
| Wk 2 | | Wk 3 | | Wk 4 | | Wk 5 | | | |
| Monday | 4th | Tuesday | 5th | Wednesday | 6th | Thursday | 7th | Friday | 8th |
| Curried Sausages & Mash | \$10 | Baked Potato (Coleslaw, Cheese, Garlic Butter & Sour Cream) | \$10 | Roast Chicken & Veggies | \$10 | Bangers & Mash | \$10 | Chow Mein | \$10 |
| Fruit Custard & Salad | \$6 | Apple Crumble | \$6 | Bread & Butter Pudding | \$6 | Chocolate Pudding | \$6 | Lemon Pudding | \$6 |
| Monday | 11th | Tuesday | 12th | Wednesday | 13th | Thursday | 14th | Friday | 15th |
| Creamy Garlic Prawns & Rice | \$10 | Traditional Parma & Veggies | \$10 | Roast Pork & Veggies | \$10 | Mixed Seafood Pasta | \$10 | Chicken Mignons & Veggies | \$10 |
| Cold Meat & Salad | \$10 | Cottage Pie | \$6 | Caesar Salad | \$10 | Deep Fried Fish, Wedges & Salad | \$10 | Chicken Pot Pie | \$6 |
| Carrot Cake | \$6 | Chocolate Ripple Cake | \$6 | Apple Pie | \$6 | Lemon Cheesecake | \$6 | Pavlova & Strawberries | \$6 |
| Monday | 18th | Tuesday | 19th | Wednesday | 20th | Thursday | 21st | Friday | 22nd |
| Chicken Kiev Balls & Veggies | \$10 | Beef Lasagna | \$10 | Silverside & Veggies | \$10 | Pork Chops & Veggies | \$10 | Lemon Chicken & Rice | \$10 |
| Mixed Cheese, Fruit Kebabs & Crackers | \$10 | Sweet Sour Chicken & Rice | \$10 | Taco Salad Bowls | \$10 | Tortellini Pasta Salad | \$10 | Rissoles & Veggies | \$10 |
| BlueBerry Danish | \$6 | Sticky Date Pudding | \$6 | Apricot Crumble | \$6 | Trifle | \$6 | Vanilla Cheesecake | \$6 |
| Monday | 25th | Tuesday | 26th | Wednesday | 27th | Thursday | 28th | Friday | 29th |
| Chicken & Chorizo Pasta | \$10 | AUSTRALIA DAY PUBLIC HOLIDAY CLOSED | Roast Beef & Veggies | \$10 | Vegetable Lasagna | \$10 | Pulled Pork Sliders | \$10 | |
| Waldorf Chicken Salad | \$10 | | Roast Pumpkin & Crispy Noodle Salad | \$10 | Ham & Pineapple Steaks & Veggies | \$10 | Tuna Mornay | \$10 | |
| Creamed Rice & Fruit | \$6 | | Choc Mint Cheesecake | \$6 | Sago Pudding | \$6 | Chocolate Mousse | \$6 | |

Email Orders to - far@skillsconnection.org.au Phone Orders to - 0428 521 534 *CAN BE MADE INTO A FAMILY TRAYS \$30 MEALS WILL BE DELIVERED BETWEEN 12PM & 1PM. PLEASE ASK IF A GLUTEN FREE OPTION IS AVAILABLE 48 HOURS NOTICE IS NEEDED