

JUNE 2022

FOOD-A-ROMA

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Phone Orders thru on: **0428 521 534**

Or Email us on: far@skillsconnection.org.au

Name:

We are practicing contactless delivery. Please leave an esky or cooler bag out by your front door

Wk 1	Monday	Tuesday	Wednesday 1 st	Thursday 2 nd	Friday 3 rd					
			Silverside *	\$12	Apricot Chicken *	\$12	Chicken Schnitzel*	\$12		
			Pumpkin Soup	\$6.50	Vegetable Lasagne	\$12	Quiche Lorraine	\$12		
			Pavlova	\$6.50	Chocolate Pudding	\$6.50	Trifle	\$6.50		
Wk2	Monday 6 th	Tuesday 7 th	Wednesday 8 th	Thursday 9 th	Friday 10 th					
	Chicken Bake*	\$12	Beef Goulash*	\$12	Roast Pork *	\$12	Bacon & Pea Risotto	\$12	Meatloaf & Gravy*	\$12
	Curried Sausages*	\$12	Pork Chops & Gravy*	\$12	Chicken & Corn Soup	\$6.50	Sausage Casserole*	\$12	Salmon Cakes*	\$12
	Tiramisu	\$6.50	Sticky Date Pudding	\$6.50	Sago Pudding	\$6.50	Lemon Pudding	\$6.50	Mixed Slices	\$6.50
Wk3	Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th					
		Chunky Beef Pie	\$6.50	Roast Chicken*	\$12	Eggplant Parma*	\$12	Chicken Pot Pie	\$6.50	
		Lamb Chops & Gravy*	\$12	Tomato Soup	\$6.50	Rissoles & Gravy*	\$12	Chow Mein	\$12	
		Creamed Rice & Fruit	\$6.50	Bread & Butter Pudding	\$6.50	Cherry Cobbler	\$6.50	LemonCheese Cake	\$6.50	
Wk4	Monday 20 th	Tuesday 21 st	Wednesday 22 nd	Thursday 23 rd	Friday 24 th					
	Honey Pork*	\$12	Beef StirFry & Noodles	\$12	Roast Lamb*	\$12	Pulled Pork Rolls	\$12	Mixed Grill*	\$12
	Marinated Wings*	\$12	Chicken, Ham Bake*	\$12	Vegetable Soup	\$6.50	Braised Steak*	\$12	Tuna Vol-a-Vonts	\$12
	Butterscotch Pudding	\$6.50	Apple Crumble	\$6.50	Apricot Crumble	\$6.50	Fruit Salad& Custard	\$6.50	Anzac Cheese Cake	\$6.50
Wk5	Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday					
	Sausage & Gravy*	\$12	Satay Chicken *	\$12	Roast Beef *	\$12	Beef Cannelloni	\$12		
	Southern ChickenSteaks*	\$12	Ham&Pineapple Steak*	\$12	Pea & Ham Soup	\$6.50	Chicken Parma*	\$12		
	Carrot Cake	\$6.50	Strawberry CheeseCake	\$6.50	Lemon Meringue Pie	\$6.50	Chocolate Mousse	\$6.50		

Meals will be delivered between **11am & 1pm**

Please order before **10am** on the day of delivery

Most Meals can be made into Family trays, 24 hours' notice needed- \$35 each